

West Branch Fire Department

March Newsletter 2016

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February Calls

Total: 31
Fire: 4
Mutual Aid: 0
Medical: 27
Other: 0

News & Events

- Bloodborne pathogens training was held on February 10 by Sandy Heick. First responders reviewed body substance isolation protocols and how to avoid contracting or spreading blood borne diseases. Personnel were also rectified for CPR and first responders reviewed with AED, LUCAS and King LT.
- The DOT came to the station on February 26 to review the multi-car accidents on I-80 February 14.
- Several of our firefighters have joined a fitness program with True Strength Gym. The workouts are designed for firefighters with lots of emphasis on core strength, hamstring flexibility.

